

SoftSeal Mask Fitting

It is important that the SoftSeal mask you select is the correct size to get the best seal to protect your respiratory system. Below are instructions for determining the most likely size of mask to fit your face. While this estimated size should reduce the number of masks you may need to try on, you still may find that the overall shape of your face is sealed better by a different size.

Have someone measure the distance between the bridge of your nose to the point just below your chin (See Figure 1). Make sure your mouth is closed during measurement. Depending on the person’s facial characteristics, a different size than dictated by the length measurement, might fit better. Select a mask suggested from the table.



Bridge to Chin (mm)	Bridge to Chin (cm)	Bridge to Chin (in.)	Filter Mask+ or N95 Mask Size
79-98	7.9- 9.8	3.11- 3.86	Small
90- 108	9.0- 10.8	3.54- 4.25	Medium
95- 118	9.5- 11.8	3.74- 4.65	Large
99- 130	9.9- 13.0	3.90- 5.12	X-Large

Bridge to Chin (mm)	Bridge to Chin (cm)	Bridge to Chin (in.)	VFold+ Mask Size
74-100	7.4- 10.0	2.91- 3.94	Small
82-110	8.2- 11.0	3.23- 4.33	Medium
97-130	9.7- 13.0	3.82- 5.12	Large
100-138	10.0- 13.8	3.94- 5.43	X-Large